Practical Computer Security for Writers

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Protecting Your Data, Files, Work and (in some cases) Livelihood

- 1. Upgrade/Patch ASAP
 - a. Microsoft Tuesdays
 - i. Second Tuesday of each month
 - ii. Some "out of band" updates available
 - b. Weekly for other operating systems
 - i. Apple OSX
 - ii. Linux
 - c. Third party software. Weekly updates are usually sufficient
 - i. Adobe (Flash, Acrobat, Creative Suite)
 - ii. Office (Microsoft, OpenOffice, LibreOffice)
 - iii. Java
- 2. Install Security Software
 - a. Anti-Virus
 - i. Symantec
 - ii. McAfee
 - iii. Kaspersky
 - b. Personal Firewall
 - i. Keeps your data in. Keeps Bad guys out
 - c. Spyware Protection
 - i. Prevents data leaks that can allow others access to your data
 - ii. There are free options: You get what you pay for.
- 3. Like with other software, keep anti-virus up-to-date.
 - a. **Daily**
- 4. Backups
 - a. Full backups monthly
 - b. Incremental backups weekly
 - c. Cloud-Based Solutions (What are they doing with your files?)
 - i. DropBox
 - ii. Carbonite
 - d. Network-Based Solutions
 - i. NAS (Network Attached Storage)
 - 1. iOmega Home Media Cloud Edition
 - e. Host-Based Solutions
 - i. External Hard Drive
 - ii. CD/DVD
 - 1. Degrades over time. Replace at least every 6 months
 - f. Software
 - i. Genie Timeline for Windows
 - ii. Time Machine for OSX

Writing Computer Security in a Plausible Manner

- 1. Security is an onion.
 - a. Many layers are built on top of each other
 - b. If one layer fails, others should pick up the slack
- 2. Terminology
 - a. Hardware
 - i. The stuff you can touch. Mouse, keyboard, hard drive, monitor, etc.
 - b. Software
 - i. The programs that run on your hardware. Can't really "touch" them
 - c. Malware
 - i. Malicious Software
 - d. Types of Malware
 - i. Virus: Can alter existing software to replicate itself across media such as floppy disks, hard drives and USB flash drives
 - ii. Worm: Can alter existing software to replicate itself across networks and email
 - iii. Trojan: A program disguised to do one thing, but really does something else. Usually a payload for a virus or worm
 - iv. Rootkits: Alters the base operating system to put in a "backdoor" to allow for "root" or "core" access to the computer without authentication
 - v. Botnet: A large collection of machines infected with a worm. Usually used for DDOS attacks or massive spam campaigns
 - vi. Spyware: A virus or worm that is specifically crafted to steal PII (personally identifiable information) or passwords
 - vii. Adware: Injects advertisements into web sites or on to your screen to entice you to click through. A great revenue generation method
 - e. Network
 - i. Multiple computers linked together via some means
 - f. Intranet
 - i. A local network (aka: LAN, Local Area Network) or isolated network of machines
 - g. "Internet" vs. "internet"
 - i. An internet (no capitalization) is collection of intranets that are hooked together, usually over a broad geographic area
 - ii. The Internet (note the capitalization) is a singular entity, which encompasses publicly available resources such as the World Wide Web, email, usenet, bittorrents, file transfers, streaming video/audio, online gaming and more. In this case "Internet" is a proper noun.
 - h. Firewall
 - i. Usually the front-line defense against attacks. Filters out Bad Guys. Allows in Good Guys.
 - i. IDS
 - i. Intrusion Detection System
 - j. IPS
- i. Intrusion Protection System. Like an IDS and Firewall together
- k. HIDS/NIDS/HIPS/NIPS
 - i. Host Intrusion Detection/Protection System
 - ii. Network Intrusion Detection/Protection System

- 3. Attack Vectors Used by the Bad Guys
 - a. DOS/DDOS
 - i. (Distributed) Denial of Service attack
 - ii. See recent attacks by "Anonymous" on various sites/locations as a form of "hacktivism."
 - b. Weak Passwords
 - i. Do not use the same password everywhere. If one site gets compromised, then your common, shared password is also compromised *everywhere*.
 - c. Buffer Overflow
 - i. Most common attack vector, but quickly being overtaken by SQL injection.
 - d. SQL injection
 - i. SQL is "Structured Query Language" and is a way to talk to databases. An attacker can "inject" code into a SQL statement to steal data, destroy data or alter data.
 - e. Social Engineering
 - i. "The man with a clipboard." Used to trick secret information out of people.
 - f. Cross Site Scripting (XSS [CSS was already "taken."])
 - i. Injecting malicious code into web sites to take control of a target's web browser.
 - ii. Can create a "browser-based botnet" with this means along with a slew of other security issues.
 - g. Cross Site Request Forgery (CSRF)
 - i. Can trick your browser into clicking a link for you. Think of Amazon's one-click shopping. If someone can trick your browser into clicking the one-click buy, you'll soon be charged for and receive the item "you" bought. Yes. Amazon's one-click was, at one time, vulnerable to this.
 - h. Lack of Encryption
 - i. Open wifi at coffee shops or even (*gasp*) at your home.
 - ii. Use VPNs if you have them.
 - iii. Use SSL (https:// not http://) where possible.
 - 1. Browsers have many different ways to display the presence of quality SSL. Learn the tips for your specific browser.
 - i. Network/Host scanning
 - i. Scans a host or network looking for open vectors of attack.
 - ii. nmap
 - iii. Nessus/OpenVAS
 - iv. Metasploit
 - v. kismet
 - vi. aircrack, aircrack-ng
 - vii. WiFi Explorer
 - viii. ... countless others.
- 4. Additional Resources/Research
 - a. https://www.owasp.org/
 - b. http://www.sans.org/
 - i. http://www.sans.org/security-resources/glossary-of-terms/
 - c. http://www.eccouncil.org/
 - d. https://www.isc2.org/
 - e. http://www.microsoft.com/security/resources/
 - f. http://www.wikipedia.org/ -- Good for delving deeper into some topics.